



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Zeißmann, Katrin

Club: TSV Kuppingen

Number: 258

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:35:12

Speed: 6.93 km/h

Running performance: 8:08 min/km

Rank in course/Total: 303 (of 346)

Rank in course/Women: 84 (of 107)

Best time in course: 58:28

Rank in category: 8(of 11)

Best time in the category: 1:13:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	18:16	6:05	9	3:50	87	5:57	3.00	18:16	6:05	9	3:50	87	5:57
Lap 2	1.00	7:20	7:19	8	1:35	84	2:32	4.00	25:36	6:24	9	5:25	85	8:29
Lap 3	1.00	7:28	7:28	8	1:30	80	2:39	5.00	33:04	6:36	8	6:55	84	11:08
Lap 4	1.00	8:37	8:37	8	1:43	79	3:13	6.00	41:41	6:56	8	8:38	83	14:19
Last lap Hermann	2.60	21:26	8:14	8	4:52	82	8:15	8.60	1:03:07	7:20	8	13:30	83	22:34
vor der Schiene	2.63	27:49	10:34	8	7:36	89	12:22	11.23	1:30:56	8:05	8	21:06	83	34:56
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	4:16	9:28	9	1:05	90	1:48	11.70	1:35:12	8:08	8	22:11	85	1:35:12