



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Ellerkamm, Jürgen

Club: GutsMuths-Rennsteiglaufverein
Number: 55

Course: 11.70 km
Deutsche Berglaufmeisterschaft

Category:
Senioren M75 (75 und älter)

Total time: 2:12:10

Speed: 4.99 km/h
Running performance: 11:18 min/km

Rank in course/Total: 343 (of 346)

Rank in course/Men: 237 (of 239)

Best time in course: 51:11

Rank in category: 7(of 7)

Best time in the category: 1:31:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	20:22	6:47	5	4:11	234	9:56	3.00	20:22	6:47	5	4:11	234	9:56
Lap 2	1.00	9:11	9:11	7	1:55	236	5:10	4.00	29:33	7:23	6	6:06	235	15:06
Lap 3	1.00	10:28	10:28	7	3:12	238	6:22	5.00	40:01	8:00	7	9:18	236	21:28
Lap 4	1.00	12:52	12:52	7	4:30	238	8:13	6.00	52:53	8:48	7	13:48	237	29:41
Last lap Hermann	2.60	30:48	11:50	7	10:27	238	19:19	8.60	1:23:41	9:43	7	24:15	238	49:00
vor der Schiene	2.63	41:12	15:39	7	16:29	238	27:30	11.23	2:04:53	11:07	7	38:15	238	1:15:54
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	7:17	16:11	7	3:28	237	5:09	11.70	2:12:10	11:17	7	41:09	239	2:12:10