



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Weiß-Latzko, Markus

Club: Sparda-Team Rechberghausen
Number: 5

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Männer (20-34 Jahre)

Total time: 59:29

Speed: 11.10 km/h

Running performance: 5:05 min/km

Rank in course/Total: 37 (of 346)

Rank in course/Men: 35 (of 239)

Best time in course: 51:11

Rank in category: 20(of 44)

Best time in the category: 51:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	11:45	3:54	23	1:19	39	1:19	3.00	11:45	3:54	23	1:19	39	1:19
Lap 2	1.00	4:36	4:35	20	0:35	29	0:35	4.00	16:21	4:05	22	1:54	36	1:54
Lap 3	1.00	4:50	4:49	23	0:44	38	0:44	5.00	21:11	4:14	22	2:38	35	2:38
Lap 4	1.00	5:32	5:31	25	0:53	48	0:53	6.00	26:43	4:27	21	3:31	33	3:31
Last lap Hermann	2.60	13:51	5:19	27	2:22	52	2:22	8.60	40:34	4:43	24	5:53	38	5:53
vor der Schiene	2.63	16:36	6:18	20	2:54	41	2:54	11.23	57:10	5:05	22	8:11	39	8:11
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:19	5:08	9	0:11	12	0:11	11.70	59:29	5:05	20	8:18	36	59:29