



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Weiß-Latzko, Markus

Club: Sparda-Team Rechberghausen
Number: 5

Course: 11.70 km
Deutsche Berglaufmeisterschaft

Category:
Männer (20-34 Jahre)

Total time: 59:29

Speed: 11.10 km/h
Running performance: 5:05 min/km

Rank in course/Total: 37 (of 346)

Rank in course/Men: 35 (of 239)

Best time in course: 51:11

Rank in category: 20(of 44)

Best time in the category: 51:11

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.00 | 11:45 | 3:54 | 23 | 1:19 | 39 | 1:19 | 3.00 | 11:45 | 3:54 | 23 | 1:19 | 39 | 1:19 |
| Lap 2 | 1.00 | 4:36 | 4:35 | 20 | 0:35 | 29 | 0:35 | 4.00 | 16:21 | 4:05 | 22 | 1:54 | 36 | 1:54 |
| Lap 3 | 1.00 | 4:50 | 4:49 | 23 | 0:44 | 38 | 0:44 | 5.00 | 21:11 | 4:14 | 22 | 2:38 | 35 | 2:38 |
| Lap 4 | 1.00 | 5:32 | 5:31 | 25 | 0:53 | 48 | 0:53 | 6.00 | 26:43 | 4:27 | 21 | 3:31 | 33 | 3:31 |
| Last lap Hermann | 2.60 | 13:51 | 5:19 | 27 | 2:22 | 52 | 2:22 | 8.60 | 40:34 | 4:43 | 24 | 5:53 | 38 | 5:53 |
| vor der Schiene | 2.63 | 16:36 | 6:18 | 20 | 2:54 | 41 | 2:54 | 11.23 | 57:10 | 5:05 | 22 | 8:11 | 39 | 8:11 |
| nach der Schiene | 0.02 | fehlt! | - | - | - | - | - | 11.25 | - | - | - | - | - | - |
| Brocken | 0.45 | 2:19 | 5:08 | 9 | 0:11 | 12 | 0:11 | 11.70 | 59:29 | 5:05 | 20 | 8:18 | 36 | 59:29 |