



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Seib, Dominik

Club: LG Bayerwald

Number: 217

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

männliche Jugend U20 (16-19 Jahre)

Total time: 1:00:45

Speed: 10.86 km/h

Running performance: 5:11 min/km

Rank in course/Total: 55 (of 346)

Rank in course/Men: 52 (of 239)

Best time in course: 51:11

Rank in category: 8(of 26)

Best time in the category: 54:17

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	11:52	3:57	8	0:51	42	1:26	3.00	11:52	3:57	8	0:51	42	1:26
Lap 2	1.00	4:44	4:44	8	0:23	43	0:43	4.00	16:36	4:09	7	1:09	44	2:09
Lap 3	1.00	4:50	4:49	6	0:22	38	0:44	5.00	21:26	4:17	7	1:30	43	2:53
Lap 4	1.00	5:35	5:34	9	0:37	51	0:56	6.00	27:01	4:30	7	1:56	46	3:49
Last lap Hermann	2.60	13:48	5:18	6	1:19	48	2:19	8.60	40:49	4:44	8	3:15	47	6:08
vor der Schiene	2.63	17:19	6:35	9	3:00	58	3:37	11.23	58:08	5:10	8	6:15	52	9:09
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:37	5:48	11	0:24	64	0:29	11.70	1:00:45	5:11	8	6:28	53	1:00:45