



# DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

## Detailed evaluation

**Grabosch, Max**

Club: SSC Hanau-Rodenbach

Number: 306

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

männliche Jugend U20 (16-19 Jahre)

Total time: 1:01:15

Speed: 10.78 km/h

Running performance: 5:14 min/km

Rank in course/Total: 60 (of 346)

Rank in course/Men: 57 (of 239)

Best time in course: 51:11

Rank in category: 10(of 26)

Best time in the category: 54:17

### Intermediate times

### Stage score

### Total ranking

| Control          | Split |        | Pos  | Behind | Pos    |      | Behind | Total |         | Pos  | Behind | Pos  |    | Behind  |
|------------------|-------|--------|------|--------|--------|------|--------|-------|---------|------|--------|------|----|---------|
|                  | km    | Time   |      |        | min/km | Cat. |        | Cat.  | Men     |      |        | Men  | km |         |
| Lap 1            | 3.00  | 11:35  | 3:51 | 4      | 0:34   | 32   | 1:09   | 3.00  | 11:35   | 3:51 | 4      | 0:34 | 32 | 1:09    |
| Lap 2            | 1.00  | 4:42   | 4:42 | 6      | 0:21   | 37   | 0:41   | 4.00  | 16:17   | 4:04 | 4      | 0:50 | 32 | 1:50    |
| Lap 3            | 1.00  | 4:53   | 4:53 | 10     | 0:25   | 48   | 0:47   | 5.00  | 21:10   | 4:14 | 4      | 1:14 | 33 | 2:37    |
| Lap 4            | 1.00  | 5:35   | 5:34 | 9      | 0:37   | 51   | 0:56   | 6.00  | 26:45   | 4:27 | 5      | 1:40 | 36 | 3:33    |
| Last lap Hermann | 2.60  | 13:57  | 5:21 | 9      | 1:28   | 55   | 2:28   | 8.60  | 40:42   | 4:43 | 6      | 3:08 | 42 | 6:01    |
| vor der Schiene  | 2.63  | 17:57  | 6:49 | 12     | 3:38   | 74   | 4:15   | 11.23 | 58:39   | 5:13 | 10     | 6:46 | 57 | 9:40    |
| nach der Schiene | 0.02  | fehlt! | -    | -      | -      | -    | -      | 11.25 | -       | -    | -      | -    | -  | -       |
| Brocken          | 0.45  | 2:36   | 5:46 | 10     | 0:23   | 62   | 0:28   | 11.70 | 1:01:15 | 5:14 | 10     | 6:58 | 58 | 1:01:15 |