



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Kuzguncu, Süleyman

Club: LG Braunschweig

Number: 329

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Männer (20-34 Jahre)

Total time: 1:02:01

Speed: 10.64 km/h

Running performance: 5:18 min/km

Rank in course/Total: 68 (of 346)

Rank in course/Men: 64 (of 239)

Best time in course: 51:11

Rank in category: 31(of 44)

Best time in the category: 51:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	11:31	3:50	20	1:05	30	1:05	3.00	11:31	3:50	20	1:05	30	1:05
Lap 2	1.00	4:45	4:45	26	0:44	47	0:44	4.00	16:16	4:03	20	1:49	30	1:49
Lap 3	1.00	4:54	4:54	27	0:48	51	0:48	5.00	21:10	4:14	21	2:37	33	2:37
Lap 4	1.00	5:36	5:35	27	0:57	54	0:57	6.00	26:46	4:27	24	3:34	38	3:34
Last lap Hermann	2.60	14:14	5:28	31	2:45	64	2:45	8.60	41:00	4:46	26	6:19	52	6:19
vor der Schiene	2.63	18:11	6:54	34	4:29	84	4:29	11.23	59:11	5:16	30	10:12	62	10:12
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:50	6:17	36	0:42	99	0:42	11.70	1:02:01	5:18	31	10:50	65	1:02:01