



# DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

## Detailed evaluation

**Stumpf, Jens**

Club: LG Göttingen

Number: 224

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:03:52

Speed: 10.33 km/h

Running performance: 5:28 min/km

Rank in course/Total: 87 (of 346)

Rank in course/Men: 81 (of 239)

Best time in course: 51:11

Rank in category: 11(of 23)

Best time in the category: 55:00

### Intermediate times

### Stage score

### Total ranking

| Control          | Intermediate times |            |              |          |             | Stage score |            |          | Total ranking |              |          |             |         |            |
|------------------|--------------------|------------|--------------|----------|-------------|-------------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
|                  | Split km           | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men     | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1            | 3.00               | 13:31      | 4:30         | 14       | 2:36        | 127         | 3:05       | 3.00     | 13:31         | 4:30         | 14       | 2:36        | 127     | 3:05       |
| Lap 2            | 1.00               | 5:05       | 5:04         | 11       | 0:38        | 93          | 1:04       | 4.00     | 18:36         | 4:39         | 14       | 3:14        | 124     | 4:09       |
| Lap 3            | 1.00               | 5:20       | 5:19         | 13       | 0:47        | 104         | 1:14       | 5.00     | 23:56         | 4:47         | 13       | 4:01        | 118     | 5:23       |
| Lap 4            | 1.00               | 5:52       | 5:51         | 12       | 0:44        | 80          | 1:13       | 6.00     | 29:48         | 4:58         | 13       | 4:45        | 116     | 6:36       |
| Last lap Hermann | 2.60               | 14:34      | 5:36         | 10       | 2:13        | 79          | 3:05       | 8.60     | 44:22         | 5:09         | 11       | 6:58        | 98      | 9:41       |
| vor der Schiene  | 2.63               | 16:55      | 6:25         | 7        | 1:45        | 47          | 3:13       | 11.23    | 1:01:17       | 5:27         | 11       | 8:43        | 81      | 12:18      |
| nach der Schiene | 0.02               | fehlt!     | -            | -        | -           | -           | -          | 11.25    | -             | -            | -        | -           | -       | -          |
| Brocken          | 0.45               | 2:35       | 5:44         | 5        | 0:10        | 57          | 0:27       | 11.70    | 1:03:52       | 5:27         | 11       | 8:52        | 82      | 1:03:52    |