



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Buch, Reyk

Club: Alfterer Sportclub

Number: 30

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:05:04

Speed: 10.14 km/h

Running performance: 5:34 min/km

Rank in course/Total: 99 (of 346)

Rank in course/Men: 91 (of 239)

Best time in course: 51:11

Rank in category: 7(of 30)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	12:42	4:14	7	0:47	98	2:16	3.00	12:42	4:14	7	0:47	98	2:16
Lap 2	1.00	5:00	5:00	5	0:12	82	0:59	4.00	17:42	4:25	6	0:59	96	3:15
Lap 3	1.00	5:17	5:16	5	0:20	94	1:11	5.00	22:59	4:35	5	1:16	94	4:26
Lap 4	1.00	5:54	5:54	4	0:16	82	1:15	6.00	28:53	4:48	5	1:32	90	5:41
Last lap Hermann	2.60	14:36	5:36	4	0:49	81	3:07	8.60	43:29	5:03	5	2:11	86	8:48
vor der Schiene	2.63	18:43	7:06	8	2:16	96	5:01	11.23	1:02:12	5:32	5	4:23	88	13:13
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:52	6:22	11	0:21	110	0:44	11.70	1:05:04	5:33	8	1:05:04	92	1:05:04