



5. Erfurt Marathon

Erfurt / 18.08.2018

Detailed evaluation

Thüringens Olympia-Reserve I

Total time: 4:14:58

Number: 409

Speed: 9.88 km/h

Running performance: 6:04 min/km

Course: 42.00 km

Erfurt Marathon 4er Staffel

Rank in course: 19 (of 24)

Best time in course: 3:03:06

Category:

Rank in category: 4(of 5)

Frauenstaffel

Best time in the category: 3:53:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	10.07	1:01:13	6:04	3	8:24	16	18:31	10.07	1:01:13	6:04	3	8:24	16	18:31
Wechselstelle 2	11.49	1:10:02	6:05	2	6:42	17	19:09	21.56	2:11:15	6:05	3	12:44	17	37:40
Wechselstelle 3	9.44	1:02:44	6:38	5	19:12	21	21:33	31.00	3:13:59	6:15	4	20:20	21	59:13
Erfurt	11.00	1:00:59	5:32	4	2:31	16	14:20	42.00	4:14:58	6:04	4	21:31	19	1:11:52