



## 4. Erfurter Campuslauf

Erfurt / 16.05.2018

### Detailed evaluation

**Brauns, Jörg**

Club: Uni Erfurt

Number: 184

Course: 10.00 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 50:30

Speed: 11.88 km/h

Running performance: 5:03 min/km

Rank in course/Total: 44 (of 72)

Rank in course/Men: 39 (of 51)

Best time in course: 33:48

Rank in category: 2(of 3)

Best time in the category: 42:53

### Intermediate times

### Stage score

### Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|         |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Runde   | 2.00        | 10:06         | 5:02            | 2           | 1:46           | 38          | 7:50          | 2.00          | 10:06         | 5:02            | 2           | 1:46           | 38         | 7:50          |
| Runde   | 2.00        | 10:06         | 5:02            | 2           | 1:35           | 37          | 3:17          | 4.00          | 20:12         | 5:02            | 2           | 3:21           | 38         | 7:50          |
| Runde   | 2.00        | 10:06         | 5:02            | 2           | 1:22           | 40          | 3:19          | 6.00          | 30:18         | 5:02            | 2           | 4:43           | 38         | 10:01         |
| Runde   | 2.00        | 10:06         | 5:02            | 2           | 1:21           | 39          | 3:21          | 8.00          | 40:24         | 5:02            | 2           | 6:04           | 38         | 13:22         |
| Finish  | 2.00        | 10:06         | 5:02            | 2           | 1:33           | 40          | 3:20          | 10.00         | 50:30         | 5:02            | 2           | 7:37           | 39         | 16:42         |