



# 4. Erfurter Campuslauf

Erfurt / 16.05.2018

## Detailed evaluation

**Meding, Mirko**

Club: ILVERS Musikbar ERFURT

Number: 10

Course: 10.00 km

Teamlauf

Category:

Männer Team

Total time: 45:57

Speed: 13.06 km/h

Running performance: 4:36 min/km

Rank in course/Total: 19 (of 35)

Rank in course/Men: 19 (of 28)

Best time in course: 33:26

Rank in category: 19(of 28)

Best time in the category: 33:26

### Intermediate times

### Stage score

### Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|         |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Runde   | 2.00        | 9:17          | 4:38            | 22          | 2:50           | 22          | 2:50          | 2.00          | 9:17          | 4:38            | 22          | 2:50           | 22         | 2:50          |
| Runde   | 2.00        | 9:03          | 4:31            | 18          | 2:42           | 18          | 2:42          | 4.00          | 18:20         | 4:34            | 19          | 4:55           | 19         | 4:55          |
| Runde   | 2.00        | 8:58          | 4:29            | 17          | 2:08           | 17          | 2:08          | 6.00          | 27:18         | 4:32            | 17          | 7:03           | 17         | 7:03          |
| Runde   | 2.00        | 8:35          | 4:17            | 12          | 2:12           | 12          | 2:12          | 8.00          | 35:53         | 4:29            | 15          | 9:15           | 15         | 9:15          |
| Finish  | 2.00        | 10:04         | 5:01            | 27          | 3:16           | 27          | 3:16          | 10.00         | 45:57         | 4:35            | 19          | 12:31          | 19         | 12:31         |