



4. Erfurter Campuslauf

Erfurt / 16.05.2018

Detailed evaluation

Koch, Michael

Club: RCDS Erfurt

Number: 22

Course: 10.00 km

Teamlauf

Category:

Männer Team

Total time: 51:34

Speed: 11.64 km/h

Running performance: 5:10 min/km

Rank in course/Total: 31 (of 35)

Rank in course/Men: 27 (of 28)

Best time in course: 33:26

Rank in category: 27(of 28)

Best time in the category: 33:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:08	5:03	25	3:41	25	3:41	2.00	10:08	5:03	25	3:41	25	3:41
Runde	2.00	11:02	5:30	27	4:41	27	4:41	4.00	21:10	5:17	26	7:45	26	7:45
Runde	2.00	9:57	4:58	20	3:07	20	3:07	6.00	31:07	5:11	26	10:52	26	10:52
Runde	2.00	11:56	5:58	28	5:33	28	5:33	8.00	43:03	5:22	27	16:25	27	16:25
Finish	2.00	8:31	4:15	20	1:43	20	1:43	10.00	51:34	5:09	27	18:08	27	18:08