



24. Hainich-Lauf  
Mihla / 01.05.2018

## Detailed evaluation

**Esake, Karsten**

Club: LSK Lok Arnstadt  
Number: 172

Course: 13.00 km  
Walking, N.-Walking Mittelstrecke

Category:  
Männer

Total time: 1:53:49

Speed: 6.85 km/h  
Running performance: 8:46 min/km

Rank in course/Total: 1 (of 5)

Rank in course/Men: 1 (of 2)

Best time in course: 1:53:49

Rank in category: 1(of 2)

Best time in the category: 1:53:49