



4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

Detailed evaluation

Breitung, Thomas

Club: Hofbieber

Number: 20

Course: 6.12 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 37:13

Speed: 9.67 km/h

Running performance: 6:05 min/km

Rank in course/Total: 60 (of 118)

Rank in course/Men: 45 (of 60)

Best time in course: 23:08

Rank in category: 9(of 10)

Best time in the category: 29:59