



## 4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

### Detailed evaluation

Trabert, Toni

Club: Geisa

Number: 129

Course: 6.12 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 44:02

Speed: 8.18 km/h

Running performance: 7:11 min/km

Rank in course/Total: 95 (of 118)

Rank in course/Men: 54 (of 60)

Best time in course: 23:08

Rank in category: 8(of 8)

Best time in the category: 26:58