



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Graßhoff, Lillith

Total time: 11:10

Number: 163

Speed: 10.75 km/h

Running performance: 4:52 min/km

Course: 2.30 km

Rank in course/Total: 10 (of 60)

Schnupperlauf

Rank in course/Women: 6 (of 30)

Best time in course: 9:02

Category:

Rank in category: 3(of 9)

weibliche Jugend U12 (10-11 Jahre)

Best time in the category: 10:13