



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Hoistmann, Selina

Club: Hamburg

Number: 67

Course: 3.90 km

Hobbylauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 21:18

Speed: 8.45 km/h

Running performance: 5:28 min/km

Rank in course/Total: 33 (of 69)

Rank in course/Women: 7 (of 28)

Best time in course: 19:36

Rank in category: 2(of 3)

Best time in the category: 21:03