



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Novak, Lucy

Total time: 11:11

Number: 164

Speed: 10.73 km/h

Running performance: 4:52 min/km

Course: 2.30 km

Rank in course/Total: 11 (of 60)

Schnupperlauf

Rank in course/Women: 7 (of 30)

Best time in course: 9:02

Category:

Rank in category: 4(of 9)

weibliche Jugend U12 (10-11 Jahre)

Best time in the category: 10:13