



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Denisova, Elena

Total time: 42:54

Number: 28

Speed: 9.79 km/h

Running performance: 6:08 min/km

Course: 7.00 km

Rank in course/Total: 60 (of 66)

Pokallauf

Rank in course/Women: 15 (of 17)

Best time in course: 30:26

Category:

Rank in category: 4(of 4)

Seniorinnen W40 (40-44 Jahre)

Best time in the category: 37:52