



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Rieger, Ellen

Club: Jahreswechsel R&R2018

Number: 196

Course: 2.30 km

Schnupperlauf

Category:

weibliche Jugend U10 (8-9 Jahre)

Total time: 11:03

Speed: 10.86 km/h

Running performance: 4:48 min/km

Rank in course/Total: 8 (of 60)

Rank in course/Women: 5 (of 30)

Best time in course: 9:02

Rank in category: 1(of 4)

Best time in the category: 11:03