



38. Silberberglauf  
Möhrenbach/ Thüringen / 12.05.2018

Detailed evaluation

NAKOV, Valentin

Club: Ilmenau  
Number: 700

Course: 18.00 km  
18 km Nordic Walking

Category:  
Nordic Walking Männer

Total time: 2:22:22

Speed: 7.59 km/h  
Running performance: 7:55 min/km

Rank in course/Total: 4 (of 13)

Rank in course/Men: 4 (of 6)

Best time in course: 2:14:41

Rank in category: 4(of 6)

Best time in the category: 2:14:41