



3. Stadtlauf Bad Tennstedt
Bad Tennstedt / 08.09.2018

Detailed evaluation

Grosch, Thomas

Club: Dirty Runners
Number: 107

Course: 3.50 km
3,5 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 21:13

Speed: 8.48 km/h
Running performance: 6:04 min/km

Rank in course/Total: 29 (of 49)

Rank in course/Men: 18 (of 24)

Best time in course: 12:10

Rank in category: 2(of 2)

Best time in the category: 16:47