



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Sziegoleit, Friederike

Club: Team Paula
Number: 198

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 13:35:46

Speed: 7.37 km/h
Running performance: 8:08 min/km

Rank in course/Total: 139 (of 248)

Rank in course/Women: 19 (of 45)

Best time in course: 10:31:06

Rank in category: 6(of 14)

Best time in the category: 10:31:06

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Glasbachwiese | 27.39 | 3:29:49 | 7:39 | 6 | 49:09 | 20 | 49:09 | 27.39 | 3:29:49 | 7:39 | 6 | 49:09 | 20 | 49:09 |
| Floh-Seligenthal | 27.74 | 3:34:18 | 7:43 | 6 | 45:45 | 22 | 45:45 | 55.13 | 7:04:07 | 7:41 | 7 | 1:34:54 | 22 | 1:34:54 |
| Finsterbergen | 22.03 | 3:10:22 | 8:38 | 6 | 41:53 | 18 | 41:53 | 77.16 | 10:14:29 | 7:57 | 6 | 2:16:47 | 18 | 2:16:47 |
| Fröttstädt | 23.06 | 3:21:17 | 8:43 | 6 | 47:53 | 17 | 54:50 | 100.22 | 13:35:46 | 8:08 | 6 | 3:04:40 | 19 | 3:04:40 |