



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Heitfeldt, Ulrich

Club: 100 Marathon Club
Number: 236

Course: 100.22 km
100 Kilometer

Category:
Senioren M60 (60-64 Jahre)

Total time: 14:08:20

Speed: 7.09 km/h
Running performance: 8:28 min/km

Rank in course/Total: 156 (of 248)

Rank in course/Men: 132 (of 203)

Best time in course: 8:37:32

Rank in category: 5(of 13)

Best time in the category: 12:31:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:24:13	7:27	3	28:51	105	56:44	27.39	3:24:13	7:27	3	28:51	105	56:44
Floh-Seligenthal	27.74	3:33:38	7:42	6	21:11	114	1:02:15	55.13	6:57:51	7:34	6	50:02	131	2:20:30
Finsterbergen	22.03	3:25:06	9:18	7	35:20	132	1:26:07	77.16	10:22:57	8:04	5	1:04:59	130	3:45:22
Fröttstädt	23.06	3:45:23	9:46	8	45:59	142	1:45:26	100.22	14:08:20	8:27	5	1:37:07	132	5:30:48