



12. thüringenULTRA  
Fröttstädt / 07.07.2018

Detailed evaluation

Heß, Torsten

Club: LG Rippershausen  
Number: 157

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M45 (45-49 Jahre)

Total time: 11:09:11

Speed: 8.97 km/h  
Running performance: 6:41 min/km

Rank in course/Total: 31 (of 248)

Rank in course/Men: 29 (of 203)

Best time in course: 8:37:32

Rank in category: 8(of 40)

Best time in the category: 9:31:18

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Glasbachwiese      | 27.39    | fehlt!     | -            | -           | -           | -       | -          | 27.39         | -          | -            | -        | -           | -       | -          |
| Floh-Seligenthal   | 27.74    | 5:24:59    | 11:42        | 37          | 2:53:36     | 190     | 2:53:36    | 55.13         | 5:24:59    | 5:53         | 6        | 22:49       | 20      | 47:38      |
| Finsterbergen      | 22.03    | 2:54:51    | 7:56         | 14          | 43:47       | 58      | 55:52      | 77.16         | 8:19:50    | 6:28         | 8        | 1:03:33     | 28      | 1:42:15    |
| Fröttstädt         | 23.06    | 2:49:21    | 7:20         | 11          | 34:20       | 38      | 49:24      | 100.22        | 11:09:11   | 6:40         | 8        | 1:37:53     | 29      | 2:31:39    |