



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Alexander, Frank

Club: Döbelner SV Vorwärts
Number: 102

Course: 100.22 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 11:34:39

Speed: 8.66 km/h
Running performance: 6:56 min/km

Rank in course/Total: 49 (of 248)

Rank in course/Men: 45 (of 203)

Best time in course: 8:37:32

Rank in category: 6(of 41)

Best time in the category: 9:58:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:44:19	5:59	4	8:28	13	16:50	27.39	2:44:19	5:59	4	8:28	13	16:50
Floh-Seligenthal	27.74	2:59:39	6:28	4	23:02	33	28:16	55.13	5:43:58	6:14	6	31:30	38	1:06:37
Finsterbergen	22.03	2:48:03	7:37	5	27:32	43	49:04	77.16	8:32:01	6:38	5	57:58	38	1:54:26
Fröttstädt	23.06	3:02:38	7:55	10	38:04	64	1:02:41	100.22	11:34:39	6:55	6	1:36:02	45	2:57:07