



3Türmelauf

Bad Langensalza / 22.04.2018

Detailed evaluation

Klewin, Stefan

Club: Bad Langensalza

Number: 225

Course: 12.50 km

12,5 km -Lauf

Category:

Männer (20-29 Jahre)

Total time: 56:20

Speed: 12.78 km/h

Running performance: 4:31 min/km

Rank in course/Total: 32 (of 267)

Rank in course/Men: 31 (of 196)

Best time in course: 41:37

Rank in category: 4(of 18)

Best time in the category: 48:58

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	0.50	2:23	4:46	8	0:48	83	0:54	0.50	2:23	4:46	8	0:48	83	0:54
Lap 2	9.00	36:50	4:05	4	4:02	22	9:02	9.50	39:13	4:07	4	4:43	25	9:56
Last lap Finish	3.00	17:07	5:42	5	2:39	40	4:47	12.50	56:20	4:30	4	7:22	31	14:43