



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

FISCHER, Johannes

Club: Duisburg
Number: 41

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:00:13

Speed: 11.96 km/h
Running performance: 4:49 min/km

Rank in course/Total: 56 (of 267)

Rank in course/Men: 52 (of 196)

Best time in course: 41:37

Rank in category: 8(of 22)

Best time in the category: 41:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:07	4:14	10	0:38	45	0:38	0.50	2:07	4:14	10	0:38	45	0:38
Lap 2	9.00	39:58	4:26	8	12:10	51	12:10	9.50	42:05	4:25	8	12:48	49	12:48
Last lap Finish	3.00	18:08	6:02	11	5:48	62	5:48	12.50	1:00:13	4:49	8	18:36	52	18:36