



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

WENZEL, Heiko

Club: Friedrichswerth
Number: 50

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:03:04

Speed: 11.42 km/h
Running performance: 5:03 min/km

Rank in course/Total: 84 (of 267)

Rank in course/Men: 76 (of 196)

Best time in course: 41:37

Rank in category: 13(of 30)

Best time in the category: 48:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:12	4:24	9	0:35	61	0:43	0.50	2:12	4:24	9	0:35	61	0:43
Lap 2	9.00	41:34	4:37	12	8:35	70	13:46	9.50	43:46	4:36	11	9:10	67	14:29
Last lap Finish	3.00	19:18	6:26	15	5:06	100	6:58	12.50	1:03:04	5:02	13	14:16	76	21:27