



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

LANGHAMMER, Anna

Club: Luisenthaler SV
Number: 107

Course: 12.50 km
12,5 km -Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 1:04:03

Speed: 11.71 km/h
Running performance: 5:07 min/km

Rank in course/Total: 95 (of 267)

Rank in course/Women: 9 (of 71)

Best time in course: 55:52

Rank in category: 1(of 1)

Best time in the category: 1:04:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	1:58	3:55	1	-	1	-	0.50	1:58	3:55	1	-	1	-
Lap 2	9.00	43:02	4:46	1	-	10	5:26	9.50	45:00	4:44	1	-	9	5:23
Last lap Finish	3.00	19:03	6:21	1	-	9	2:48	12.50	1:04:03	5:07	1	-	9	8:11