



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Bullik, Niels

Club: Ktj Dachwig
Number: 208

Course: 12.50 km
12,5 km -Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:05:06

Speed: 11.52 km/h
Running performance: 5:13 min/km

Rank in course/Total: 107 (of 267)

Rank in course/Men: 96 (of 196)

Best time in course: 41:37

Rank in category: 9(of 18)

Best time in the category: 48:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:21	4:42	7	0:46	82	0:52	0.50	2:21	4:42	7	0:46	82	0:52
Lap 2	9.00	42:58	4:46	8	10:10	92	15:10	9.50	45:19	4:46	9	10:49	91	16:02
Last lap Finish	3.00	19:47	6:35	9	5:19	107	7:27	12.50	1:05:06	5:12	9	16:08	96	23:29