



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Kessler, Petra

Club: SV Schnatter
Number: 213

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:04:37

Speed: 11.61 km/h
Running performance: 5:10 min/km

Rank in course/Total: 104 (of 267)

Rank in course/Women: 11 (of 71)

Best time in course: 55:52

Rank in category: 1(of 14)

Best time in the category: 1:04:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:17	4:33	1	-	12	0:19	0.50	2:17	4:33	1	-	12	0:19
Lap 2	9.00	43:09	4:47	1	-	11	5:33	9.50	45:26	4:46	1	-	10	5:49
Last lap Finish	3.00	19:11	6:23	1	-	11	2:56	12.50	1:04:37	5:10	1	-	11	8:45