



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

WEIGEL, Jens

Club: BAD LANGENSALZA
Number: 5

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:07:35

Speed: 11.10 km/h
Running performance: 5:25 min/km

Rank in course/Total: 136 (of 267)

Rank in course/Men: 114 (of 196)

Best time in course: 41:37

Rank in category: 21(of 37)

Best time in the category: 45:54

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:27	4:54	18	0:54	91	0:58	0.50	2:27	4:54	18	0:54	91	0:58
Lap 2	9.00	44:21	4:55	20	13:44	106	16:33	9.50	46:48	4:55	20	14:38	103	17:31
Last lap Finish	3.00	20:47	6:55	23	7:03	131	8:27	12.50	1:07:35	5:24	21	21:41	114	25:58