



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

Fitze, Thomas

Club: Schlotheim  
Number: 220

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:07:13

Speed: 10.71 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 129 (of 267)

Rank in course/Men: 109 (of 196)

Best time in course: 41:37

Rank in category: 17(of 22)

Best time in the category: 48:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	3:01	6:01	20	1:27	172	1:32	0.50	3:01	6:01	20	1:27	172	1:32
Lap 2	9.00	44:59	4:59	17	12:42	109	17:11	9.50	48:00	5:03	17	14:09	116	18:43
Last lap Finish	3.00	19:13	6:24	13	4:51	96	6:53	12.50	1:07:13	5:22	17	18:54	109	25:36