



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

WINTERBERG, Martin

Club: Bad Langensalza
Number: 4

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:08:12

Speed: 11.00 km/h
Running performance: 5:28 min/km

Rank in course/Total: 142 (of 267)

Rank in course/Men: 120 (of 196)

Best time in course: 41:37

Rank in category: 4(of 10)

Best time in the category: 1:01:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:43	5:26	4	0:19	129	1:14	0.50	2:43	5:26	4	0:19	129	1:14
Lap 2	9.00	45:44	5:04	5	4:54	122	17:56	9.50	48:27	5:06	5	5:13	121	19:10
Last lap Finish	3.00	19:45	6:34	4	1:20	105	7:25	12.50	1:08:12	5:27	4	6:33	120	26:35