



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

HÜHN, Carolin

Club: Jena
Number: 85

Course: 12.50 km
12,5 km -Lauf

Category:
Frauen (20-29 Jahre)

Total time: 1:09:35

Speed: 10.78 km/h
Running performance: 5:34 min/km

Rank in course/Total: 156 (of 267)

Rank in course/Women: 27 (of 71)

Best time in course: 55:52

Rank in category: 5(of 10)

Best time in the category: 1:01:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	3:01	6:01	8	0:51	54	1:03	0.50	3:01	6:01	8	0:51	54	1:03
Lap 2	9.00	44:57	4:59	4	4:53	19	7:21	9.50	47:58	5:02	4	5:44	24	8:21
Last lap Finish	3.00	21:37	7:12	5	2:22	39	5:22	12.50	1:09:35	5:33	5	8:06	27	13:43