



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

BÜRGER, Sandra

Club: Hörselberg-Hainich
Number: 79

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:09:50

Speed: 10.74 km/h
Running performance: 5:35 min/km

Rank in course/Total: 161 (of 267)

Rank in course/Women: 29 (of 71)

Best time in course: 55:52

Rank in category: 4(of 14)

Best time in the category: 1:04:37

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:28	4:56	2	0:11	21	0:30	0.50	2:28	4:56	2	0:11	21	0:30
Lap 2	9.00	46:34	5:10	4	3:25	30	8:58	9.50	49:02	5:09	4	3:36	30	9:25
Last lap Finish	3.00	20:48	6:56	4	1:37	28	4:33	12.50	1:09:50	5:35	4	5:13	29	13:58