



3Türmelauf

Bad Langensalza / 22.04.2018

Detailed evaluation

OERTEL, Dirk

Club: Großvargula

Number: 76

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:08:00

Speed: 10.59 km/h

Running performance: 5:26 min/km

Rank in course/Total: 140 (of 267)

Rank in course/Men: 117 (of 196)

Best time in course: 41:37

Rank in category: 22(of 37)

Best time in the category: 45:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:39	5:17	25	1:06	118	1:10	0.50	2:39	5:17	25	1:06	118	1:10
Lap 2	9.00	45:15	5:01	22	14:38	114	17:27	9.50	47:54	5:02	21	15:44	113	18:37
Last lap Finish	3.00	20:06	6:42	21	6:22	116	7:46	12.50	1:08:00	5:26	22	22:06	117	26:23