



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

SCHULZE, Ronald

Club: Bad Langensalza
Number: 2

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:13:50

Speed: 9.75 km/h
Running performance: 5:55 min/km

Rank in course/Total: 202 (of 267)

Rank in course/Men: 158 (of 196)

Best time in course: 41:37

Rank in category: 14(of 18)

Best time in the category: 55:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:47	5:33	12	0:51	141	1:18	0.50	2:47	5:33	12	0:51	141	1:18
Lap 2	9.00	48:40	5:24	13	11:21	152	20:52	9.50	51:27	5:24	13	11:57	152	22:10
Last lap Finish	3.00	22:23	7:27	15	6:14	160	10:03	12.50	1:13:50	5:54	14	18:11	158	32:13