



3Türmelauf

Bad Langensalza / 22.04.2018

Detailed evaluation

ERDMANN, Franzi

Club: SILVERBACKS Harz

Number: 157

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:13:20

Speed: 10.23 km/h

Running performance: 5:52 min/km

Rank in course/Total: 192 (of 267)

Rank in course/Women: 39 (of 71)

Best time in course: 55:52

Rank in category: 4(of 7)

Best time in the category: 55:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:47	5:33	4	0:46	37	0:49	0.50	2:47	5:33	4	0:46	37	0:49
Lap 2	9.00	49:14	5:28	5	11:38	43	11:38	9.50	52:01	5:28	5	12:24	42	12:24
Last lap Finish	3.00	21:19	7:06	4	5:04	34	5:04	12.50	1:13:20	5:51	4	17:28	39	17:28