



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Zirpel, Thomas

Club: Ausbilder Schmidt
Number: 217

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:21:07

Speed: 8.88 km/h
Running performance: 6:29 min/km

Rank in course/Total: 244 (of 267)

Rank in course/Men: 185 (of 196)

Best time in course: 41:37

Rank in category: 26(of 30)

Best time in the category: 48:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	3:11	6:21	29	1:34	186	1:42	0.50	3:11	6:21	29	1:34	186	1:42
Lap 2	9.00	53:08	5:54	26	20:09	183	25:20	9.50	56:19	5:55	26	21:43	183	27:02
Last lap Finish	3.00	24:48	8:16	27	10:36	184	12:28	12.50	1:21:07	6:29	26	32:19	185	39:30