



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

STEINMETZ, Pia

Club: FSV Preußen  
Number: 62

Course: 12.50 km  
12,5 km -Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 1:22:34

Speed: 9.08 km/h  
Running performance: 6:37 min/km

Rank in course/Total: 247 (of 267)

Rank in course/Women: 61 (of 71)

Best time in course: 55:52

Rank in category: 8(of 10)

Best time in the category: 1:01:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:37	5:14	6	0:27	30	0:39	0.50	2:37	5:14	6	0:27	30	0:39
Lap 2	9.00	52:45	5:51	8	12:41	59	15:09	9.50	55:22	5:49	8	13:08	58	15:45
Last lap Finish	3.00	27:12	9:03	8	7:57	67	10:57	12.50	1:22:34	6:36	8	21:05	61	26:42