



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

Klemig, Sören

Club: Ohrdruf  
Number: 280

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:31:42

Speed: 8.18 km/h  
Running performance: 7:20 min/km

Rank in course/Total: 259 (of 267)

Rank in course/Men: 192 (of 196)

Best time in course: 41:37

Rank in category: 36(of 37)

Best time in the category: 45:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:56	5:51	30	1:23	155	1:27	0.50	2:56	5:51	30	1:23	155	1:27
Lap 2	9.00	1:01:04	6:47	37	30:27	195	33:16	9.50	1:04:00	6:44	37	31:50	194	34:43
Last lap Finish	3.00	27:42	9:13	36	13:58	193	15:22	12.50	1:31:42	7:20	36	45:48	192	50:05