



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

LUTZE, Beate

Club: PFH Berlin  
Number: 129

Course: 12.50 km  
12,5 km -Lauf

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 1:36:52

Speed: 7.74 km/h  
Running performance: 7:45 min/km

Rank in course/Total: 264 (of 267)

Rank in course/Women: 70 (of 71)

Best time in course: 55:52

Rank in category: 5(of 6)

Best time in the category: 1:06:25

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1              | 0.50     | 3:36       | 7:12         | 5           | 1:15        | 70        | 1:38         | 0.50          | 3:36       | 7:12         | 5        | 1:15        | 70        | 1:38         |
| Lap 2              | 9.00     | 1:04:35    | 7:10         | 5           | 20:38       | 70        | 26:59        | 9.50          | 1:08:11    | 7:10         | 5        | 21:53       | 70        | 28:34        |
| Last lap Finish    | 3.00     | 28:41      | 9:33         | 5           | 8:34        | 69        | 12:26        | 12.50         | 1:36:52    | 7:44         | 5        | 30:27       | 70        | 41:00        |