



3Türmelauf

Bad Langensalza / 22.04.2018

Detailed evaluation

SCHIRRMEISTER, Henry

Club: Salza Gymnasium

Number: 1116

Course: 5.00 km

5 km - Lauf

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 22:27

Speed: 13.36 km/h

Running performance: 4:29 min/km

Rank in course/Total: 9 (of 232)

Rank in course/Men: 8 (of 136)

Best time in course: 18:55

Rank in category: 1(of 25)

Best time in the category: 22:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Lap 1	0.50	1:58	3:55	4	0:11	18	0:25	0.50	1:58	3:55	4	0:11	18	0:25
Lap 2	4.00	18:22	4:35	1	-	8	2:51	4.50	20:20	4:31	1	-	8	3:16
Last lap Finish	0.50	2:07	4:14	7	0:17	17	0:17	5.00	22:27	4:29	1	-	8	3:32