



3Türmelauf

Bad Langensalza / 22.04.2018

Detailed evaluation

HAUN, Fabian

Club: Salza Gymnasium

Number: 1149

Course: 5.00 km

5 km - Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 34:09

Speed: 8.78 km/h

Running performance: 6:50 min/km

Rank in course/Total: 193 (of 232)

Rank in course/Men: 121 (of 136)

Best time in course: 18:55

Rank in category: 8(of 8)

Best time in the category: 21:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:59	5:58	7	1:14	107	1:26	0.50	2:59	5:58	7	1:14	107	1:26
Lap 2	4.00	28:09	7:02	8	10:06	121	12:38	4.50	31:08	6:55	8	11:20	121	14:04
Last lap Finish	0.50	3:01	6:01	8	0:58	116	1:11	5.00	34:09	6:49	8	12:18	121	15:14