



7. Arnstädter Alteburgstaffel

Arnstadt / 22.05.2019

Detailed evaluation

Lehrerstaffel SBSZ Arnstadt/Ilmenau Total time: 33:40

Club: Lehrerstaffel SBSZ Arnstadt/Ilmenau

Speed: 10.69 km/h

Number: 31

Running performance: 5:37 min/km

Course: 6.00 km

Staffel 5 x 1,2 km

Rank in course: 23 (of 43)

Best time in course: 25:59

Category:

Rank in category: 23(of 43)

Staffel

Best time in the category: 25:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Wechsel	1.20	6:26	5:21	21	2:00	21	2:00	1.20	6:26	5:21	21	2:00	21	2:00
Wechsel	1.20	7:53	6:34	32	2:39	32	2:39	2.40	14:19	5:57	32	4:39	32	4:39
Wechsel	1.20	5:59	4:59	5	0:49	5	0:49	3.60	20:18	5:38	18	4:36	18	4:36
Wechsel	1.20	8:10	6:48	37	3:37	37	3:37	4.80	28:28	5:55	28	7:40	28	7:40
Finish	1.20	5:12	4:20	4	0:03	4	0:03	6.00	33:40	5:36	23	7:41	23	7:41