



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Raab, Marina

Club: Arnstadt
Number: 292

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 57:55

Speed: 9.32 km/h
Running performance: 6:14 min/km

Rank in course/Total: 225 (of 321)

Rank in course/Women: 73 (of 132)

Best time in course: 40:10

Rank in category: 3(of 8)

Best time in the category: 50:06