



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Bartholom, Frank

Club: Martinroda

Number: 9

Course: 9.30 km

Kurze Strecke

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:04:17

Speed: 8.40 km/h

Running performance: 6:55 min/km

Rank in course/Total: 286 (of 321)

Rank in course/Men: 179 (of 189)

Best time in course: 32:19

Rank in category: 7(of 8)

Best time in the category: 41:11