



5. Nikolauslauf Hofbieber

Hofbieber / 01.12.2019

Detailed evaluation

Hoffmann, Markus

Club: TLV-LT Eichenzell

Number: 52

Course: 6.12 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 28:55

Speed: 12.45 km/h

Running performance: 4:43 min/km

Rank in course/Total: 10 (of 90)

Rank in course/Men: 9 (of 46)

Best time in course: 23:16

Rank in category: 1(of 7)

Best time in the category: 28:55